



**Rockford Lax**  
**Rockford Razorback Lacrosse Club**  
Rockford, IL  
[www.rockfordlax.net](http://www.rockfordlax.net)  
@RockfordLaxClub

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**Our Mission:**

- We are committed to teaching and promoting the game of lacrosse to kids and adults in and around Rockford, IL
- We are dedicated to teaching the fundamentals of the sport of lacrosse and preparing players for competition
- We strive to develop student athletes of character, integrity and sportsmanship who will utilize their skills in a team environment to help create a winning program
- We utilize positive coaching and positive leadership to encourage an environment of learning, competition and fun

**Lacrosse Facts:**

- Lacrosse has a rich tradition in our Nation's history dating back to the Native Americans
- Lacrosse continues to be the fastest growing sport.
- A record total of 746,859 players competed on an organized lacrosse team in 2013.
- In Illinois there are well over 100 High School teams and clubs.
- From 2008 to 2013, schools added 621 boys teams and 588 girls teams.
- In our area, new college teams have started at Beloit College, Augustana College, Marquette University, Judson College, Benedictine University and Aurora University

We want to give kids in the 3<sup>rd</sup> largest city in the state the opportunity to play the fastest sport on two feet; the oldest sport in our nation; and the fastest growing sport in America.

**Our Club:**

- **Our Goal:**

- To expose the sport of Lacrosse to the Rock River Valley.
- To train and teach the fundamentals of Lacrosse to athletes interested in playing.
- To form leagues and club teams to allow Lacrosse competition to athletes of all ages.

- **Our Players:**

- Players of any age, sex or from any location will be eligible to participate.
- No prior experience necessary.
- Players will be grouped by age and experience based on the number of participants.

- **Club Details:**

- We are partnering with the YMCA and Rockford Park District to utilize fields in and around Rockford
- The club will have free and fee clinics and camps
- Basic equipment will be provided to allow athletes to participate in basic camps and clinics
- Other equipment will need to be purchased by participants as the level of clinics and competitions increases
- Waivers to participate will be required
- US Lacrosse Membership will be required at some levels to provide insurance for participants
- Club dues, fees and uniforms will be required to participate at some levels. Fees vary per team, per season.